

How to File a Short Term Disability, FMLA, Voluntary Critical Illness, Voluntary Accident, and Voluntary Hospital

When caring for yourself or a loved one takes you away from work, you may need to file a Short Term Disability or FMLA claim. If available, you can file your Voluntary Critical Illness, Voluntary Accident, or Voluntary Hospital claim at the same time. We make it easy for you to file 24 hours a day, 7 days a week.



Scan the QR code to download the eServices mobile app.



Visit matrixabsence.com to file online.



Call (877) 202-0055 to file your claim by phone.

For more information, visit reliancematrix.com.