How to use ...

Supportiv and your Employee Assistance Program (EAP)

Michaels cares about you and your family's well-being. We provide several resources, including Supportiv and EAP, to help you with anything you may be going through. These resources are provided to you and your families at no cost and can be used in tandem at any time. Choosing how to use your benefits is a personal decision, and as Michaels Team Members, you have several options. Below, you'll find information about the benefits offered through Supportiv and EAP, both of which are available to you.

	Supportiv	Employee Assistance Program (EAP)
When	Team Member wants to access peer support, immediately, on-demand 24/7/365 when life happens	Team Members may speak with an EAP counselor immediately 24/7/365 days a year, and/or make an appointment to speak with a therapist for their EAP counseling sessions
Identify	Team Member wants to be 100% anonymous	Team Member is comfortable disclosing identity while still keeping their information 100% confidential
Format	Team Member prefers the anonymous text/chat format with peers	Team Member prefers phone, virtual or in-person clinical sessions
Topics	Emotional support for complete range of daily life struggles for immediate uplift, motivation, encouragement, and practical problem-solving	Emotional well-being support for every day issues like stress, depression, plus life balance services like legal issues, financial issues, help at home and caregiver support
Cost	Unlimited use, no cost	Counseling Services: Up to 3 sessions per issue, per person, per year Legal and Financial Consultations: 30-minute consultations per issue Identity Theft Prevention: 60-minute consultation Worklife Services: Available via telephone and online, at no cost



supportiv.com/michaels



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