



+ **Michaels**
Everything to create anything™



Instant Access to Mental Healthcare

Connect with a trusted doctor on a private and secure platform. The care you need, when you need it.

TAKE CARE OF YOUR MENTAL HEALTH

Life feeling harder than usual? Whatever you're going through, in an instant you can start a chat with a CirrusMD doctor who can help you get the care you need.



Download the **CirrusMD app** today
LEARN MORE AT MYCIRRUSMD.COM

At CirrusMD we strive to resolve as many conditions and health-related inquiries as possible on our service. Sometimes our board-certified physicians may need to refer patients to in-person providers to receive the best medical care. When this is needed, our doctors have the information and tools to guide you to high-quality, cost-effective resources available through your health plan.

WHEN TO USE CIRRUSMD VIRTUAL CARE FOR YOUR MENTAL HEALTH

CirrusMD doctors are available 24/7/365 to help with the care you need, even for mental health concerns.

Maybe you've been feeling more anxious than usual, a bit stressed, or can't seem to sleep. For your mental healthcare needs, CirrusMD doctors can help you get care. Our doctors can help address your immediate needs, and also guide you to the right resources in your benefits plan, if additional care is needed.

If you're dealing with a more complex issue, like a mood disorder, CirrusMD doctors will help get you connected to the right resources for care.

Dealing with a substance abuse issue? CirrusMD doctors can give you advice on ways to stay safe, and help determine if you're ready for or in need of additional treatment, including in-person care.

