



BlueCross BlueShield of Texas



It's important to take our call.

At Blue Cross and Blue Shield of Texas (BCBSTX), we have Personal Health Clinicians* to support you on your health care journey. They will answer your questions, listen to your concerns and more.

A Personal Health Clinician may call to help you:

- Review doctor's instructions
- Keep up with doctor's appointments and other care-related activities
- Set up care needs after an illness or procedure
- Understand what to expect if you spend time in the hospital

This health plan benefit is available at no extra charge to you, and the calls are confidential.

Remember, if you get a call from BCBSTX, please answer or call us back.



For more information, call the Customer Service number on the back of your member ID card and ask for a Personal Health Clinician.

*Talking with a Personal Health Clinician is not a substitute for medical advice. Care and treatment decisions are between you and your health care provider. If you are having a medical emergency, call 911.

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