

Benefits Update

Michaels
Everything to create anything™

Protect Your Health - Pocket the Savings

Catapult Health to conduct free on-site wellness screenings

Your well-being is invaluable and understanding it shouldn't be complicated. That's why we've partnered with Catapult Health so you can get a quick, no-cost check on your health right where you work. You'll also satisfy the medical plan wellness requirement and avoid the surcharge for the next plan year. By taking this step, you'll safeguard your wallet and your well-being.

How it Works

Picture this: no travel, no hassle, just a simple, empowering health checkup right where you are. In just a few minutes, you'll gain valuable insights into your health, complete with compassionate, professional advice from Catapult's dedicated team. You can learn more on [The MIK](#).

Coming Soon to Your Workplace!

Get your on-site checkup at these locations:

- **Ridgepoint** – May 20
- **Royal Ridge** – May 21-22

You can find the full schedule for other Michaels office locations on [The MIK](#).

1. Team Members and Covered Spouses/Domestic Partners enrolled in a Michaels medical plan are eligible to [register online for an in-person wellness exam](#).
2. Complete your on-site checkup and book your virtual consultation in under 15 minutes.
3. Review your results with a certified Nurse Practitioner and receive personalized recommendations on how you can improve your health and well-being.
4. Once you complete these three steps you will have completed your wellness exam requirement for the medical plan which starts July 1.

[Schedule Your Appointment](#)

If you, or you and your spouse/domestic partner are enrolled in a Michaels medical plan, you each need to complete an annual physical between July 1, 2023, and June 30, 2024, to avoid paying a \$30 per paycheck surcharge per person on your medical premiums beginning with the July 26, 2024 paycheck.

Remember, if you can't attend one of the on-site events, you can order a [VirtualCheckup home kit from Catapult Health](#). The kit will be mailed to your home where you'll check your blood pressure, collect a small blood sample, and complete a few other easy tasks. Then you can schedule your videoconference with a Nurse Practitioner. If your spouse is covered by the Michaels medical plan, they may also request a VirtualCheckup kit.

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