





# Welcome to Blue Cross and Blue Shield of Texas

### **Get the Most from Your Benefits**

The choices you make each day affect your health now and in the future. That's why Blue Cross and Blue Shield of Texas (BCBSTX) provides a range of online tools and resources to help you plan and manage your health care.

#### Your Member ID Card



You will get a member ID card in the mail before your coverage is effective. Be sure to show this card when you receive care or fill

a prescription. The cards have only the subscriber's name but can be used by each covered family member.

#### With a BCBSTX PPO-based plan, you can:

#### Choose from a large provider network.

The BCBSTX networks include a range of independently contracted hospitals, doctors and other health care providers. And with the BlueCard<sup>®</sup> program, you have access to an established PPO network throughout the country.

#### Use our wellness resources.

We provide helpful articles, emails and text alerts about general and specific health issues to support you.

#### Check out our free app.

Access all of our mobile websites and services in one spot. Text\* **BCBSTXAPP** to **33633** to learn more.

#### Get deals and discounts through Blue365<sup>®</sup>.

Save money on fitness gear, family activities, healthy eating choices and more from local and national retailers.

## Get the Most from Your Benefits

#### **Find Information About Doctors**

Our online directory is the quick and easy way to find doctors, hospitals or other health care providers in your network. Follow these steps:

- Go to **bcbstx.com/michaels**
- Click the **Doctors and Hospitals** tab

#### **Continuation of Care**

BCBSTX recognizes the importance of maintaining a strong doctor-patient relationship when you change health insurance providers. This is especially true if you have a serious or chronic medical condition. That's why we provide continuation of care services that give you peace of mind.

If you are getting care from a doctor who is not part of your medical plan, you may be able to continue treatment with that doctor temporarily until the end of the current course of treatment. For more information, contact Customer Service at the number on the back of your member ID card as soon as possible to discuss what continuation of care options are available.

### **Find More Online**

After you receive your member ID card, go to **bcbstx.com/michaels** to sign up for **Blue Access for Members**<sup>SM</sup>.

You can use this secure website from your desktop or mobile device to:

- Check the status of a claim and your claims history
- See who is covered under your plan
- View and print an Explanation of Benefits statement
- Review articles on health and wellness topics
- Print a temporary ID card
- Find a doctor, hospital or other health care provider in the network
- Estimate the cost of a provider's procedures, treatments and tests
- Get answers to frequently asked questions

If you have questions, a Benefits Value Advisor\*\* can help. Call **877-269-1180**, 24 hours a day, seven days a week.



\*Message and data rates may apply. Terms, conditions and privacy policy can be found at bcbstx.com/mobile/text-messaging. \*\*For medical emergencies, call 911.