

# Experiencing day-to-day life struggles?

A private and secure platform for the care you need, when you need it.

## Take care of your mental health.

Not sure where to go for the care you need? No matter what you are going through, doctors are here to help when you need them, with CirrusMD.



Download the [CirrusMD app](#) today.

*At CirrusMD we strive to resolve as many conditions and health-related inquires as possible on our service. Sometimes our board-certified physicians may need to refer patients to in-person providers to receive the best medical care. CirrusMD is available to all part time Team Members and their immediate family members. An immediate family member is defined as your spouse/partner and/or dependents under 26 years old. Although this is a free service, there may be costs associated with any labs or prescriptions.*

Learn more at [mycirrusmd.com](https://mycirrusmd.com).

## When to use CirrusMD for Virtual Mental Health

- ▶ CirrusMD doctors help with psychiatric diagnosis and treatment of mental health conditions that can be safely managed through telemedicine.
- ▶ CirrusMD can treat and provide longitudinal care - including starting or adjusting medications - for mental health conditions such as depression, anxiety, insomnia, and adjustment disorders. Patients can be followed until stable or until handoff to a primary long-term provider, can be arranged.
- ▶ For conditions consistent with complex mood disorders or psychotic illness, CirrusMD works with the patient to get them connected to the right resources for care.
- ▶ For substance use disorders, CirrusMD providers advise the patient on ways to stay safe, understand their willingness to engage in the treatment, and direct the patient to in-person care when clinically appropriate.

