

# Gym or Home

Stay Active **From Anywhere** in the New Year



**16,000+ FITNESS CENTERS  
AND EXERCISE STUDIOS**

- 11,000+ standard fitness centers at just \$25 a month
- 5,000+ premium options with substantial discounts on most



**8,000+ DIGITAL WORKOUT VIDEOS**



**ENROLL YOUR SPOUSE<sup>2</sup>**



**LIFESTYLE COACHING**



**NO LONG-TERM CONTRACTS**



**\$25 Enrollment Fee Waived January – February.<sup>3</sup>**

**Use promo code **NEWYEAR2022** at checkout.**

**Enroll Now:** Visit the Active&Fit Direct link on SharePoint or MIK Hub

**11,000+ Standard Fitness Centers, including:**



**5,000+ Premium Exercise Studios & Fitness Centers, including:**



<sup>\*</sup> Plus an enrollment fee and applicable taxes. Fees will vary based on fitness center selection.

<sup>2</sup> Add a spouse/domestic partner to a primary membership for additional monthly fees. Spouses/domestic partners must be 18 years or older. Fees will vary based on fitness center selection.

<sup>3</sup> \$25 enrollment fee waived for the standard fitness centers only.

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