



Michaels  
Made by you™



Hinge Health

# Conquer back and joint pain without drugs or surgery

You and your eligible family members get **free access** to Hinge Health's programs for **back, knee, hip, shoulder, or neck pain**, which include:

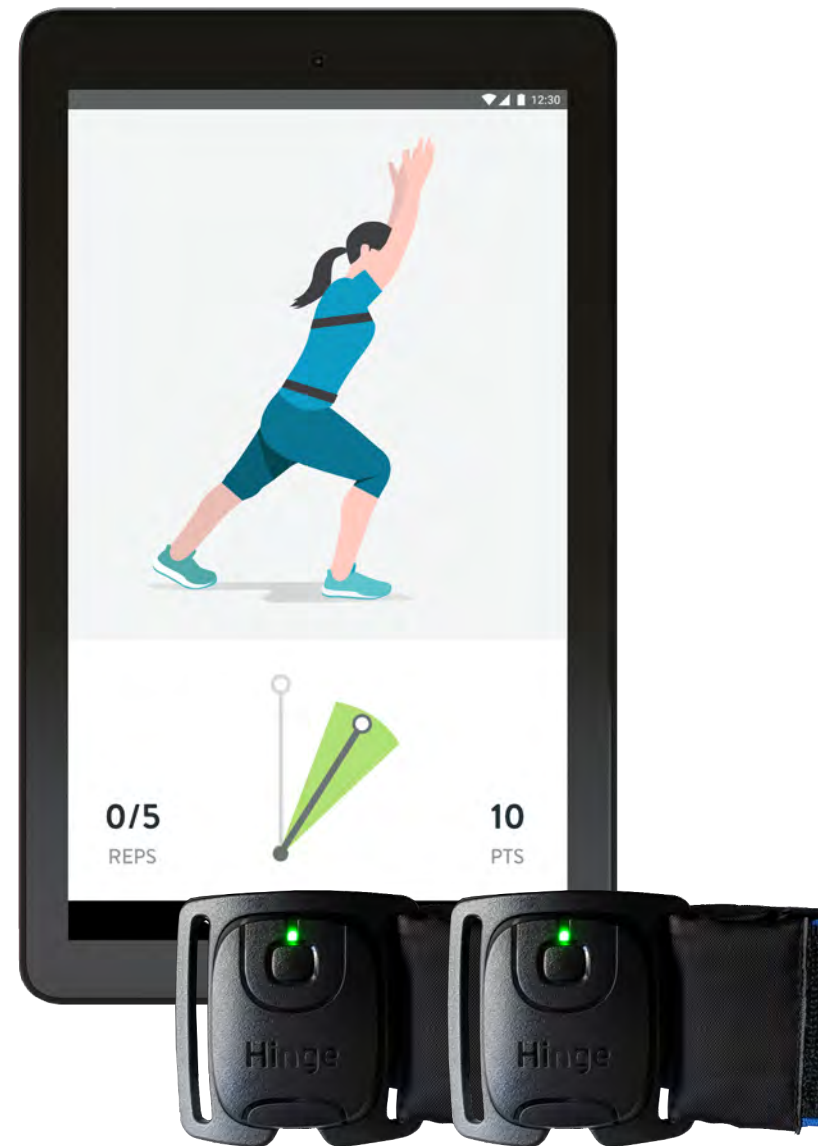
- A free tablet computer and wearable sensors
- Unlimited 1-on-1 health coaching
- Personalized exercise therapy

**Over 180,000** members have joined our programs so far, and cut their pain by over 60%!

Eligibility: Employees and dependents 18+ enrolled in an Aetna medical plan through Michaels Stores are eligible.



¿Tiene dolor de la espalda o de las articulaciones? Envíe un correo electrónico a [hola@hingehealth.com](mailto:hola@hingehealth.com) o marque el número abajo para obtener más información sobre las soluciones de Hinge Health.



To learn more call (855) 902-2777, or apply at:  
**HINGEHEALTH.COM/MICHAELS**