

### Pregnancy care kit:

Expecting? Let us help you prepare for your new arrival. Our kit includes practical and personal care items for parents-to-be. Or read through our educational materials to get ready for your baby.



### New baby care kit:

Now that your baby has arrived, you have lots of new responsibilities. Our kit includes educational materials and a variety of items to help you adjust to parenthood.



### Child safety care kit:

As children grow, they find unique ways of getting into trouble. This kit contains items to help you manage safety issues for toddlers and young children.



### Active adult care kit:

Do you want to make health and safety a priority? This kit provides you with basic items to help you get and stay healthy.

### Elder care kit:

If you're caring (or expecting to provide care) for an elderly relative or friend, this kit can help. You'll get practical items and educational materials to help you in your caregiving role.



## Care kits to help you through life's important stages

### Aetna Resources For Living<sup>SM</sup>

We're here to help you and your family 365 days of the year, 24 hours a day. You can call us today.

**Aetna Resources For Living<sup>SM</sup> is the brand name used for products and services offered through the Aetna group of subsidiary companies (Aetna). The EAP is administered by Aetna Behavioral Health, LLC. and in California for Knox-Keene plans, Aetna Health of California, Inc. and Health and Human Resources Center, Inc.**

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